

How to Make a Rubber Band Book

Materials

- 8½x 11 paper, white; 2–4 sheets per book.
- 8½x 11 paper, colored; 1 sheet per book.
- Small rubber bands; one per book.
- Pencils, twigs, popsicle sticks, coffee stirrers, straws; one per book.
- Two-hole punch.

Step by Step

- For text pages: Fold several sheets of white paper in half.
- For cover: Fold one sheet of colored paper in half.
- Tuck the text paper inside the cover. **NOTE:** Folded edges can be to the left or to the right, as in this booklet.
- Insert folded edge of booklet into hole punch & press.
- Poke rubber band through top hole, from back to front.
- Insert top of pencil/twig into loop of rubberband.
- Poke rubber band through bottom hole, from back to front.
- Insert bottom of pencil/twig into loop of rubber band.

What to Do With Rubber Band Books

- Keep a nature journal, threading twigs that student collect through the rubber band to create a spine of the book.
- Create a poetry anthology for your class, with one page per student. Because the rubber band spine is easy to take apart, you can readily add more pages.
- Make a storybook with windows and doors. After the text pages are folded but before they're attached to the spine, cut a window or door shape into one side of selected text pages. Write a story—and create artwork—that takes advantage of these features. What's hidden behind a closed window or door? When the door or window is opened, what happens next in the story?